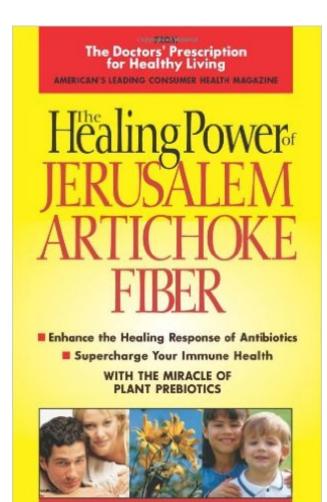
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Healing Power Of Jerusalem Artichoke Fiber



MICHAEL LOED, MID., M.D.(H.)



Synopsis

The Healing Power Of Jerusalem Artichoke Fiber is a current and up-to-date informational Source for persons who wish to take advantage of the healing properties of the newly introduced nutraceutical, inulin. Over half of all persons today take antibiotics on a regular basis. Most people can enhance the healing gualities of antibiotics by simultaneously taking inulin. The Healing Power off Jerusalem Artichoke Fiber is part of the authoritative Healing Remedies that Really Work series and provides all the information consumers require to use inulin effectively when taking antibiotics as well as for improving immune function. The Healing Power of Jerusalem Artichoke Fiber by Michael Loes, M.D., MD.(H.) of the health advisory board of The Doctors' Prescription for Healthy Living. Antibiotics are very important medicines but may end up destroying both pathogenic and beneficial bacteria in the body. Inulin is a widely used natural medicine in Europe that helps persons taking antibiotics to selectively repopulate their gastrointestinal tract with beneficial bacteria which in turn enhances the healing benefits of antibiotics and strengthens the body's immune response. Inulin also helps to ease other antibiotic-related complaints, such as constipation, diarrhea, and irritable bowel syndrome. Now a simple, inexpensive guide shows consumers how to combine mainstream medical treatment with alternative medicine for their best outcome-with the most current and up-to-date information on complementary and mainstream medicine. He has helped thousands of athletes and chronic pain patients over the years to regain their health by enhancing their bodies' healing powers, using many of the techniques detailed in this book, including Wobenzym N.

Book Information

Series: Healing Power Paperback: 121 pages Publisher: Freedom Press (September 1, 2000) Language: English ISBN-10: 1893910091 ISBN-13: 978-1893910096 Product Dimensions: 7 x 4 x 4 inches Shipping Weight: 2.9 ounces Average Customer Review: 3.0 out of 5 stars Â See all reviews (2 customer reviews) Best Sellers Rank: #2,481,035 in Books (See Top 100 in Books) #120 in Books > Health, Fitness & Dieting > Nutrition > Fiber #770 in Books > Medical Books > Allied Health Professions > Diet Therapy #5745 in Books > Health, Fitness & Dieting > Alternative Medicine > Healing

Customer Reviews

this book was nothing but an ad for supplememnts disguised as a book. it lacked real world advice just generalities about lifestyle that we all already know. thumbs down.

Where do you get Jerusalem Artichoke Fiber? I would love to make this a part of my daily food diet. <u>Download to continue reading...</u>

Healing Power of Jerusalem Artichoke Fiber Foods High in Fiber Cookbook: List of High Fiber Foods for a Healthy Lifestyle - Recipes for High Fiber Foods Corinne T. Netzer Carbohydrate and Fiber Counter: The Most Comprehensive Collection of Carbohydrate and Fiber Data Available (Corinne T. Netzer Carbohydrate & Fiber Counter) Nutrition: The Resistant Starch Bible: Resistant Starch - Gut Health, Fiber, Gut Balance (Gut Balance, Glycemic, Natural Antibiotics, Dietary Fiber, SIBO, Soluble Fiber, Healthy Gut) Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Artichoke's Heart Power Training: For Combat, MMA, Boxing, Wrestling, Martial Arts, and Self-Defense: How to Develop Knockout Punching Power, Kicking Power, Grappling Power, and Ground Fighting Power REIKI: From Beginner to Expert - Energy Healing Double Book Bundle (+Bonus!) - Ultimate Guide to Reiki Healing & Chakra Healing (Energy Healing, Chakras ... Beginners, Reiki Symbols, Chakra Balancing) Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) Crystals: Crystal Healing For Beginners, Discover The Healing Power Of Crystals And Healing Stones To Heal The Human Energy Field, Relieve Stress and Experience Instant Relaxation I-THIRD EDITION- Crystals: Your Beginners Guide To Crystals And Healing Stones (Power of Crystals, Healing Stones, Relieve Stress, Energy Healing) Fiber Amplifiers and Fiber Lasers Fiber Menace: The Truth About the Leading Role of Fiber in Diet Failure, Constipation, Hemorrhoids, Irritable Bowel Syndrome, Ulcerative Colitis, Crohn's Disease, and Colon Cancer by Monastyrsky, Konstantin 1st (first) Edition (10/15/2005) High Fiber Foods For A High Fiber Diet Fat, Fiber & Low Sugar Cookbook: Give the Low Sugar High Fiber Diet a Chance - 40 Delicious & Healthy Recipes That Your Family Will Love High Fiber Recipes: Whole and Healthy High Fiber Recipes For Breakfast, Lunch, Dinner and More (The Easy Recipe) The Frequent Fiber Cookbook: Easy and Delicious Recipes and Tips for People on a High Fiber Diet The Weekend That Changed

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